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WEST MERSEA

URBAN DISTRICT COUNCIL

1968

PUBLIC HEALTH COMMITTEE

Mrs. E. I. COX

Mr. R. A. DE WIT

Mr. L. B. HAINES



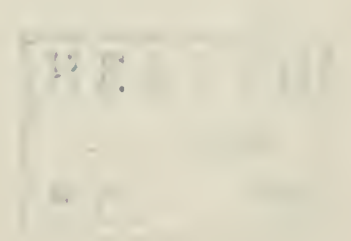
Medical Officer of Health

SYLVIA MACMILLAN, M.R.S.C., L.R.C.P., M.B.B.S., D.P.H.

Public Health Surveyor and Inspector

E. J. BANNER, M.Inst.H.E., A.R.S.H.

ACKD BY
HL
22/9/68.



LEXDEN GRANGE,

LEXDEN ROAD,

COLCHESTER.

July, 1969.

Madam Chairman, Ladies and Gentlemen,

I have pleasure in presenting my Annual Report on the Health and
Vital Statistics of the District for the year 1968.

I have the honour to be,

Your obedient servant,

SYLVIA MACMILLAN

WEST MERSEA URBAN DISTRICT COUNCIL

STATISTICS AND SOCIAL CIRCUMSTANCES OF THE AREA

Area (acres)	2,683
Registrar General's estimate of resident population	3,740
Number of inhabited houses (end of 1968) according to Rate Book	1,640
Rateable Value	£148,409
Sum represented by a penny rate	£610

SOCIAL CONDITIONS

The district is the western portion of Mersea Island which lies between the estuaries of the rivers Blackwater and Colne. The nearest town is Colchester, situated about $9\frac{1}{2}$ miles to the north.

As a summer health resort, it attracts a large number of holiday makers, many of whom enjoy some excellent sailing.

The main industries are agriculture, fishing, building and yacht building.

EXTRACTS FROM VITAL STATISTICS OF THE YEAR

								M.	F.	Total
Live Births	All	27	28	55
	Legitimate	25	28	53
	Illegitimate		2	0	2
Birth Rate per 1,000 estimated resident population								14.7
Comparability Factor								1.58
Corrected Birth Rate								23.2
England and Wales								16.9
Still Births	All	3	0	3
	Legitimate	3	0	3
	Illegitimate		0	0	0
Stillbirth rate per 1,000 total (live and still) births								52
England and Wales								14
Total Births (live and still births)								58
Infant Deaths	All	0
	Legitimate		0
	Illegitimate		0
In 1st week	All	0
Infant Mortality rate per 1,000 births								0
Infant Mortality rate, England and Wales								18.0
Neonatal Mortality rate per 1,000 live births								0
Early neonatal mortality rate (1st week) per 1,000 related births										0
Perinatal mortality rate (still births plus deaths during 1st week per 1,000 total live and still births)								52
Illegitimate live births (as percentage of total live births)									..	5.4%
Maternal deaths								0
Maternal mortality rate								0

GENERAL PROVISION OF HEALTH SERVICES FOR THE AREA

Public Health Officers of the Local Authority:

Medical Officer of Health - Sylvia MacMillan, M.R.S.C., L.R.C.P., M.B., B.S., D.H.P. Part-time, devoting the remainder of time to two neighbouring authorities and to the County Council.

Public Health Inspector - E. J. Banner, M.Inst.H.E., A.R.S.H. Full-time, also Surveyor to the Council

Laboratory Facilities

The Laboratories available are situated at:

The Essex County Hospital, Colchester;
The Public Health Laboratory, Woodbridge Road, Ipswich;
The Counties Laboratory, 66 Victoria Street, London S.W.1

Ambulance

Non-emergency ambulance calls are not accepted from the general public.

To obtain an ambulance in an emergency it is merely necessary to lift the telephone receiver and ask for an ambulance. If there is a dialling system in operation dial "999" or "0" or "01" and ask for an ambulance.

Health Services provided by the Essex County Council

Ante-natal and post-natal clinics
Midwives
Nursing in the Home
Health Visiting
Home Helps
Vaccination and immunisation of diphtheria, whooping cough, tetanus and measles
Mental Welfare
Provision of nursing equipment and apparatus
School Health Services

Women's Welfare Clinic is held at the Central Clinic, East Lodge Court, High Street, Colchester at 10 a.m. on 1st and 3rd Thursday in each month.

Relaxation and Mothercraft Classes are held at the County Health Services Clinic, Barfield Road, West Mersea, at 10.30 a.m. on Wednesdays

Infant Welfare Clinics are held at the County Health Services Clinic, Barfield Road, every Wednesday at 2.15 p.m.

Welfare Foods are obtainable from the Health Services Clinic only.

Assistance from the Home Help Services is obtained by communicating with the Area Health Office, East Lodge Court, High Street, Colchester.
(Telephone: Colchester 79411/9)

Health Services provided by the Regional Hospital Board

Tuberculosis - The Chest Clinic is situated at St. Mary's Hospital, Colchester, and is open daily.

V.D. - Sessions held at the Essex County Hospital on Mondays, 5 p.m. to 7 p.m. for males and females, and Fridays, 2 p.m. to 4 p.m. for males and females.

Family Planning at Health Services Clinic, Culver Street, Colchester.

Family Planning Association Clinic - Mondays and Tuesdays (except those following Bank Holidays) between 6 p.m. and 7.30 p.m.,

NOTIFIABLE DISEASES

None Notified

PUBLIC HEALTH INSPECTOR'S REPORT

Inspections

Houses visited under the Housing Acts	35
Visits under Public Health Acts	10
Butchers' shops visited	8
Fried Fish shops visited	5
Ice Cream stores visited	21
Bakehouses visited	6
Visits under Factory Acts	14
Moveable dwellings and Caravan Sites visited					8
Dairies visited	4
Visits under Offices and Shops Acts	61

Notices

Statutory Notices served, Public Health Acts	Nil
Informal Notices served, Public Health Acts	2
Informal Notices complied with	2
Demolition Orders issued	1
Closing Orders issued	Nil

SANITARY CIRCUMSTANCES OF THE AREA

Water

The water supplies in the district have been under the control of the Colchester and District Water Board since the 1st April, 1961, and water is supplied direct from the Board's sources which are outside the district.

Premises connected to water mains

The number of houses supplied from the water mains is	1615
The number of houses connected to water mains during the year was										34

Scwage Disposal

The Council's sewage disposal works continue to operate satisfactorily, but the problem of sludge disposal is becoming more acute each year and the Council are now faced with the cost of removal

The new main outfall sewer which has been in use for a year has proved very beneficial and has prevented the numerous nuisances which occurred from the surcharging of subsidiary sewers.

34 houses were connected to sewers during the year

Housing

Housing generally throughout the Urban District is in a good state of repair. Most of the property is owner-occupied, but a few cases arise each year where statutory action under the Housing Acts is necessary in order to improve the living conditions

Work on reconstruction and repair was completed at "Red Cottage", Churchfields, and the two wood bungalows "Littlebury" and "Dicu Donne" Going Estate, after undertakings from the owners under Section 16.

A demolition order was served on two adjoining wood bungalows facing the sea at the end of Kingsland Road for the premises to be demolished by September 1969.

Thirty-four houses were built by private enterprise. Eight applications were approved for Standard Grant and four such grants were recommended for payment.

Refuse Disposal

Refuse from houses and shops is removed at weekly intervals and public cleansing of streets and beaches is carried out twice weekly during the summer season. The paper sack system introduced for the disposal of rubbish on the beach and car parks has proved very satisfactory and has been extended

All refuse is removed to Colchester Borough Council's controlled tip.

Meat and Other Foods

There are no licensed slaughterhouses in the district, and all meat is supplied to the butchers' shops from Colchester.

The number of food premises registered under the Food and Drugs Act are:-

Meat products	3
Ice cream premises	25 (sale only)

It was not necessary to ask for the voluntary surrender of any food.

Mosquito Nuisance

Known breeding places of mosquitoes were treated at intervals throughout the breeding season.

FACTORIES ACT 1961

Number on Register	14
Number of visits	14
Cases in which defects were found	Nil

OUTWORK

Number of outworkers in August List required by Section 110 (i) (c)	Irregularities Section 110	Irregularities Section 111
Nil	-	-
